

## Smoothies.....\$3.95

Berry

*seasonal berries, milk (almond, soy, cow), spinach, chia seeds, banana*

Green

*seasonal greens, ginger, celery, apple, pars-*

Protein

*milk (almond, soy, cow), nut butter, yogurt, frozen bananas, oats*

Cocoa

*milk (almond, soy, cow), brewed coffee, cacao powder, blueberries, chia seeds, cinnamon, frozen bananas, ice*

## Handhelds

Turkey & Brie Panini.....\$5.25

*fig jam, baby greens, crispy baguette*

Caprese.....\$4.95

*fresh mozzarella, tomatoes, basil pesto*

Grilled Cheese.....\$3.95

*three cheese, texas toast*

Grab & Go Special.....\$4.95

*Chef's selection made fresh for you!*

## Salads

Caesar.....\$3.50

Caesar w/ Chicken.....\$4.95

Fresh Fruit.....\$1.95

## Munchies

Hearty Beef Chili.....\$2.95

Nachos w/ House Cooked Chips

*beef chili, cheese sauce\*, sour cream, pico.....\$4.95*

*vegetarian bean salsa, cheese sauce\*, sour cream, pico.....\$4.25*

*vegan cheese sauce available\**

House Cooked Chips

*with salsa.....\$2.25*

*with queso - or- guacamole.....\$2.95*

Quesadillas

*with cheese.....\$3.95*

*chicken & cheese.....\$4.95*

*add guacamole.....\$2.00*

## Sweets

Locally Sourced Woodruff Pies

House Baked Goodies.....\$3.95



\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness